

2018 KASSW CONFERENCE

School Social Workers: Providing Opportunities and Access to All Kentucky Students

SEPTEMBER 28, 2018
ELKHORN CROSSING HIGH SCHOOL
2001 FRANKFORT ROAD, GEORGETOWN, KY

REGISTRATION LINK:
[Conference Registration Form](#)

Registration begins at 8:00 am
Conference 8:30am-4:15pm
6 Social Work CEU's pending



Keynote Speaker

Steve Hutton, Ed.D

Dr. Hutton will be presenting on brain development in relation to school safety. This interactive workshop will provide strategies on how to create safe classrooms and assist school staff in developing trauma sensitive practices. In addition, Dr. Hutton will discuss effective behavior management strategies that create a brain-friendly environment.

Breakout Topics

- ❖ S1: The Role Gender Plays in Patterns of Achievement, Classroom Management and Student Engagement
- ❖ S2: Trauma and School Avoidance
- ❖ S3: Internet Safety and Social Media
- ❖ S4: Engaging Students and Families in Truancy Initiatives
- ❖ S5: Human Trafficking
- ❖ S6: Hiding in Plain Sight; Different Ways Youth Hide and Store Substances

Contact Information

Lora Magness or Shericka Smith, Conference Chairs

Email: lora_magness@fayette.kyschools.us Phone: (859) 960-6070

Email: shericka.smith@fayette.kyschools.us Phone: 859-381-4100

Additional information will be provided upon registration. If you need a paper copy of the registration form, please contact Lora Magness or Shericka Smith.



Red for Ed became the Rallying Cry as Kentucky Educators Advocated for Public Education & Pensions

P2



What is going on for School Social Work on the National and State Level?

P3



Get on board to learning more helpful strategies to help our kids at KASSW's Fall Conference in September.

P6



Fall
2018

KASSW

KASSW President Message

Hello and welcome back! Hopefully everyone had a quiet and restful summer! I know I was glad to hit the pause button for a while and spend time at home with my family. But, as summer winds down, it's time to hit the play button again and get back to work.

While most of my summer was spent at home recharging, KASSW did do some planning this summer. Our conference committee met several times to finalize our Fall conference plans that will be held in Georgetown on September 28th, 2018. Please read more about our conference in this newsletter, it looks to be very informational on a variety of levels. We will be going back to a breakout group format as many of you requested. Thanks for giving us your input! Our goal is to give our they need to fulfil their roles as members what

they need to fulfil their roles as effective school social workers! We are always open to your ideas.

As we look forward toward the new school year, KASSW plans to continue our efforts to advocate for school social workers, as well as others in the education field. This is a time to come together as education professionals and work together to create a united front against those that want to limit our benefits and, therefore, our livelihoods. The 2019 legislative session will surely see a new version of the pension bill that we must carefully review and act upon if it is not beneficial to public employees. The November election season will also be a time to pay close attention. While KASSW does not formally endorse candidates, we will be sending you information

about candidates and their platform to help you make an informed decision this fall.

Please watch our Facebook page for information, contests, and resources that can assist you in your practice. Please feel free to message any information you have about programs, trainings, or what you are doing in your schools to help students, families and staff. We would love to share more about our members from across the state.

As always, if you have any questions or concerns, please feel free to email me at lori.vogel@fayette.kyschools.us.

See you in Georgetown!
Lori

Lori



School Social Work
Association of America

SSWAA ACTION ALERT

TELL CONGRESS TO SUPPORT PROGRAMS THAT KEEP FAMILIES TOGETHER!

Background: Congress continues to debate how to address the Administration's immigration policies. Those policies have resulted in over 2,300 children being separated from parents and other family members, as they have attempted to seek asylum in the United States. The President signed an Executive Order on June 20, after significant news coverage documenting the plight of these children. However, the Executive Order does not directly address ending family separation or reunifying families and continues the "zero tolerance" policy. In addition, the House of Representatives has defeated two bad bills, with no action thus far in the Senate.

It's also important to note the Administration has suspended the Family Case Management Program, run by the Immigration and Customs Enforcement (ICE). This program, instituted as a pilot under the last Administration, is an alternative to family separation. It has been proven to be 99.8% effective in ensuring families released at the border show up for court hearings, etc., including some families deciding on their own to return to their countries of origin. It has also proven to be much more cost-effective than keeping families in detention.

Most recently a federal court judge in California has issued a preliminary injunction ordering all detained children under 5 be reunited with their parents within 14 days and the remainder within 30 days. The order also says parents can't be detained or deported without their children, unless they are unfit or pose a danger. It is unclear how the government will comply with this order.

- 1. Take action NOW to KEEP FAMILIES TOGETHER!**
For additional information, simply visit www.sswaa.org, click on Professional Resources and then go to Resolution Statements to find the SSWAA Statement titled "SSWAA Calls for End to Family Separation Policy at the Border".
- 2. Ask for the staff person who handles Immigration issues...or just share the message below to the receptionist who answers the phone or you can cut and paste this message and submit via email:**
"As a constituent and a school social worker (student/professor/administrator, etc.) in (School District, university, etc.), I urge Representative/Senator _____ to support alternatives to family detention and the immediate reunification of families and to develop permanent humane solutions to address immigration into the United States. The separation of children from their parents inflicts untold trauma on children, many of whom have already experienced trauma in their homelands and on the journey to the U.S. While separating children from their parents is unacceptable for any unauthorized immigrant, it is important to note that, contrary to the rhetoric, many of these families are not violating any laws. In fact, they are seeking asylum in accordance with international law. As a country, we must maintain our sense of ethics, social justice, and humanity!
[INSERT YOUR PERSONAL MESSAGE!] For example, "As a School Social Worker, I work with families who have sought refuge in the United States due to war in their country. They were forced to leave their homes, their families and everything they knew in order to survive. I have students who have shared narratives about seeing family members murdered and tortured and their homes being burned down. These families had no other option but to leave all that they knew behind in order seek safety and to live a life without fear of death or harm."
Family detention without due process is not the solution to family separation! This current practice is destroying families, creating negative health outcomes due to the painful and devastating experiences of children being pulled away from their parents and is dehumanizing. Thank you for supporting alternatives to family detention and ensuring the immediate reunification of families."
- 3.** If you don't know the names of your senators and/or representative and their contact information, simply go to www.house.gov or www.senate.gov and put in your zip code.



School Security Issues in Kentucky

No parent, teacher, student, or mental health practitioner wants to face the trauma of school violence. Kentucky schools have and the aftermath of grief from these horrible episodes.



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Many communities are now developing ways to protect their students and staffs from future trauma. In Fayette County Public Schools, Superintendent Caulk called upon the Lexington Community to propose their ideas in a Task Force. School Social Workers from FCPS were quick to step up with ideas to help in addressing this difficult subject.

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Lori Vogel, Melinda Spaulding, and Shericka Smith provided their expertise on addressing the needs of students before the Task Force. Their advocacy for children was incorporated into Fayette County Public School's New Strategic Plan for School Safety. This new plan calls for:

"Fayette County Public Schools would become a national model in the area of school safety under a 10-point plan unveiled July 2, 2018 by Superintendent Manny Caulk. The plan, which outlines investments in critical areas, will cost \$13.5 million in its first year. To pay for it, Caulk asked the Fayette County Board of Education to add a 5-cent property tax dedicated to school safety, and the board approved it July 18. Based on the \$175,000 median value of homes in Lexington, the levy would cost the average homeowner just under \$88 a year. "

The 10 Point Plan Will Include:

1. Maintaining 5 Security Officers at each high school and placing 1 officer at each elementary and middle school.
2. Adding 37 Mental Health Professionals to reduce student to mental health ratios to 300:1.
3. Upgrading the security systems at entry/exit areas including cameras and additional security measures.
4. Required ID Badges for all contractors, school personnel, and students.
5. Partnership with the University of Kentucky Adolescent Psychiatry Unit to full assess mental health needs of middle and high school students in need of access to comprehensive services.
6. Equipping all middle and senior high schools with walk-thru metal detectors and supplemental personnel to implement.
7. Renovating all buildings to have double security entrance vestibules.
8. Contracting with an outside vendor to monitor social media across multiple platforms to alert school administrators to posts warranting safety concerns and investigations.
9. Adopting a common Social and Emotional Learning Curriculum Districtwide with expanded trainings and learning opportunities for staff, students, families, and community stakeholders regarding safety, emergency preparation, mental health, and social emotional learning.
10. Modernizing emergency communication and planning.



It is important to learn what each of our communities is implementing so we can help our students, staff members, and families feel more prepared. Let KASSW Board Members know what is working or what you would like to know more about this Year as we all address School Safety Concerns. SSWAA's site will be updating members with their information on National School Safety Initiatives. The National Education Association Delegate Assembly incorporated very strong language on what School Social Workers, Teachers, School Counselors, School Psychologists, School Administrators recommended to address School Violence and Safety. Just check out these sites for more information. In the meantime, we will be there every day helping to reduce violence in our public schools.

The War on Public Education in Kentucky and What You Can Do As A School Social Worker

This summer, I was able to attend the National Education Association Delegate Assembly in Minneapolis. While there, I was able to listen to 8,000 educators from across our country and how they feel they are reaching their breaking point on what they perceive as, "A War on Public Education." I talked with educators from Arizona, West Virginia, Oklahoma, and of course Kentuckians about their issues. Many were tired of crumbling textbooks and diminishing school supplies. Many work multiple jobs and want higher salaries. They all wanted better respect from their legislatures including pension protection for their hard work. All states are working with NEA and the American Federation of Teachers (AFTA) to find: long term revenue fixes, demanding a qualified Secretary of the Department of Education, affordable healthcare, no more "bait-and-switch sewer bills," no Charter Schools, no Voucher Programs, real school safety standards to protect students and staff from gun violence. Check out the 2018 Policy Statements of NEA, AFTA. Find out how you can become actively involved in Kentucky's efforts to protect our Public Schools. As you vote, find out which candidates truly support Public Education, Public Pensions, healthcare. Many Kentucky educators have become candidates for state offices and could use your support by phone banking, canvassing door-to-door, financial contributions, etc. Remember Red for Ed and Remember in November!



SSWAA Delegate Assembly 2018

Tish Brookins-VP



It was an honor to represent KASSW at the 2018 Delegate Assembly in Charleston, NC. The three day meeting was filled with valuable information and camaraderie.

Jim Raines –SWAA President guided us in the roundtable assembly. As we gathered and discussed our state's challenges, it became clear that we face some of the same difficulties and strengths across the country. SSWAA's presence is growing with a total membership of 1008 as of December 2017. Issues in the states vary from outdated websites, legislative advocacy, school safety funds

competing with mental health services, low and sustainable membership, membership involvement, social work job roles and function, awareness of school social worker certifications, retention and recruitment of board positions, and varying social work roles in school districts.

Fortunately, many delegates provided great ideas to support new initiatives including social workers billing Medicaid to further school funding; capturing young professionals to be involved on the board; offering free membership to college students to increase their awareness of the mission; and increasing partnerships with para professionals to build a stronger union. Other suggestions include accessing NASW's and school psychologist's lobbyist; build a resource toolkit for our members; provide webinars and regional workshops; advertise board vacancy positions on KDE's website; offer free ethics CEU's for members, start a mentoring program, and conduct a board SWOT analysis.

The one day Leadership Institute focused on organizational assessment and strategic planning, change management, membership recruitment, and social media strategies. SSWAA's support included resource tools for boards. This will help analyze the strengths and weakness in order to build a strategic plan that will fine-tune the mission and vision of the association and their work in the state.

For more information on SSWAA's Delegate Assembly, check out our website: www.kasswky-org.webs.com



Resources for School Social Workers

SSWn <https://schoolsocialwork.net/>

Some of the great resources School Social Work Net is now offering include:

- Tier 1 Strategies That Work
- Progress Monitoring Social and Emotional Goals While Utilizing Technology
- SSW Research Brief: The Effect of Zero Tolerance Laws on Exclusionary Discipline
- SSW Research Brief: Combating Student Anxiety in Schools
- SSW Research Brief: Child-Centered Play Therapy in Schools
- Ideas on how we can help youth (and ourselves) in this post election time

Paper Activities For Helping Anxiety

1.2.3. Blast the Anxiety Activity

1. List everything that is bothering them.
2. Circle the top 2 things bothering them.
3. Break those 2 items into 3 specific things like this:

■ Friends:

- ♦ Want to spend more time with them.
- ♦ Need to lose the friends that really aren't.
- ♦ Need to be treated with respect.

■ Family:

- ♦ Tell my sibling to stop taking my things.
- ♦ Need to talk with one of my parents.
- ♦ Spend less time in my room.

Then talk about what they can control, can't control, and how to let go. When finished, make the paper into an airplane and send them soaring across the room and into the trash.

Let's Talk About Courage

- Pick up a book.
- Show students a sheet of paper and a book. Ask students if there is any way that the paper can hold up a book if they only can use one hand to hold the paper.
- Let students try different ways. When they stop, simply roll the paper into a tube, hold it on your hand and place the book on top.
- Talk about how flimsy and weak the paper is in its original state but, if we make it into a tube it becomes stronger and can hold up under pressure.

• Talk with students about how we have to make choices when under stress and look for ways to make our lives stronger (Adapted from article, "5 School Counseling Activities with a Plain Sheet of Paper.")

<http://creativesocialworker.tumblr.com/post/85264870180/adapting-games-for-therapy-therapeutic-board>

Adapting Games for Therapy: Therapeutic Board games are expensive so here are some suggestions on how to adapt regular games to meet your needs (ex. feelings, CBT, social skills, etc.). Click the links for more info on how to play. These are just suggestions so be creative.

Items that help adapt most games: [Colored sticker labels](#); [Printed cards](#) (questions, feelings, instructions, etc.), [Colored dice](#).

The Ungame: This features "get to know you" type questions and can be integrated into other games during rapport building.

Print Your Own Board Games: Print and laminate travel game boards.

Jenga: You can color code blocks, create cards or write directly on the pieces. The link takes you to a post I created with more details.

Twister: Twister is easy to adapt by writing on the individual circles or color coding the spinner. Client plays on their own while the therapist is the spinner.

Checkers: For checkers you can put colored circle labels on each checker or use black and red cards. The link has an example of a game I made up.



2018 KASSW CONFERENCE

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September 28, 2018

Elkhorn Crossing High School at 2001 Frankfort Road in Georgetown, Kentucky

Name: _____
 Address: _____
 City/State/Zip code: _____
 Work Phone: _____ Home Phone: _____
 Work Email: _____ Home Email: _____

Registration fee includes breakfast and box lunch.

Please check one:

_____ Professional Registration - \$95.00 (includes 6.0 CEUs for social work and FRYSC hours). Please note: Social Work CEU certificates will only be awarded following the conclusion of workshop session two and require attendance at the keynote and workshops.

Title: _____

Agency: _____

School District (if applicable): _____

KY SW License Number: _____

_____ Student/Retire Registration - \$60.00

_____ On Site/Day of Conference Registration - \$110.00

Session 1 from 1:00pm-2:30 pm. Please circle which workshop you will attend.

S1 S2 S3

Session 2 from 2:45pm-4:15pm. Please circle which workshop you will attend.

S4 S5 S6

Please indicate payment type:

_____ Check _____ PO _____ PayPal/Credit Card

Please make checks payable to KASSW and mail with registration form to:

KASSW

Attn: Lora Magness

340 Wilson Downing Road

Lexington, KY 40517

For PO's, please provide the following information:

PO number: _____

Name of paying organization: _____

Organization address: _____

Organization phone number: _____

For PayPal or Credit Card payments, please visit <https://www.paypal.com/us/home>, and make payment to kyschoolsocialworker@gmail.com.

Please send completed form to Lora Magness via fax at or fax at 859-381-3590 or by email at lora.magness@fayette.kyschools.us

